



# A Road Less Rocky

22<sup>nd</sup> May 2015 - 10am to 5pm

The Kings Centre, King St., Norwich NR11PH

A welcoming forum for those experiencing or supporting people with dementia.

Talks to include:

*Timings / speakers may change*

10.00am - 10.30am	Opening: Lady Dannatt. Louise Marks Carers Trust
10.30am - 11.15am	When Dementia is diagnosed :
11.15am – 11.45am	When the Carer takes on an active caring role : Pauline Elliot
11.45am – 12.30pm	When the capacity of someone with Dementia declines : Danuta Lipinska
1.00pm - 1.45pm	When the Carer needs emotional support / break from caring : Zena Aldridge
1.45pm - 2.15pm	When the person with Dementia loses their mobility : Norfolk Swift Project Norfolk County Council
2.15pm – 2.45pm	When the Carer has to cope with behavioral problems : Lisa Breame
3.00pm - 3.30pm	When the Carers own circumstances change : Cliff Cook
3.30pm – 4.15pm	When the person with Dementia becomes incontinent : Archie Noone
4.15pm – 5.00pm	When decisions around residential care and end of life have to be made : Zena Aldridge

**PLUS FREE holistic therapies, support from voluntary groups.**

**Held at:** Kings Centre, Kings Street, Norwich NR11PH

**Further info:** Howard Tidman on **07557 290169** or Lisa Breame **01603 887019**  
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