



Inspire is a new initiative for mental health research in Norfolk and Suffolk.

If you have an interest in mental health research and are:

- a service user
- a carer
- general public

Inspire could be for you!

Are you interested in getting involved with mental health research?

Inspire launch

Learn more about *inspire* and what we do.

Find out where and how you can get involved in mental health research within the region through *inspire*.

Hear from people that are already involved in mental health research - find out what they think and ask them questions.

Where and When?

Friday 30th May 2014

- ◆ The Forum, Millennium Plain, Norwich NR2 1TF
- ◆ General information available from 10am to 4pm in the main atrium (look for the *inspire* logo)
- ◆ Official Launch from 1pm to 3pm in The Curve.

Email: inspire@nsft.nhs.uk for more information

Follow us on twitter [@nsftresearch](https://twitter.com/nsftresearch)

