

**Compliance Team – Health Records**

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## FOI REQUEST NUMBER 60 2015

**Request:**

1. What age is your cut-off point for CAMHS (child and adolescent mental health services)? Do you only treat 0-17-year-olds or are 18+ patients routinely treated under your CAMHS?
2. How many referrals did you have for CAMH patients in 2014 [please specify if calendar or financial year]? How many of these received treatment? How does this compare to the two previous years?
3. What was the average waiting time between referral and assessment for talking therapies for CAMH patients in 2014? How does this compare to the two previous years?
  - 3i. What are the 10 longest waiting times from referral to assessment for CAMH patients over the past three years?
4. What was the average waiting time between assessment and treatment for talking therapies for CAMH patients in 2014? How does this compare to the two previous years?
  - 4i. What are the 10 longest waiting times from assessment to treatment for CAMH patients over the past three years?
5. How many Tier 4 beds do you have for CAMH inpatients? How many times were you at full capacity in 2014? How does this compare to the two previous years?
6. How many referrals did you have for Tier 4 CAMH inpatients in 2014? How many of these were treated? How does this compare to the two previous years?
7. On how many occasions in 2014 were Tier 4 CAMH inpatients sent to another Mental Health Trust because your trust was at full capacity? How does this compare to the two previous years? Where were they sent?
  - 7i. How many CAMH patients did you accept from outside your own area in 2014? How does this compare to the two previous years? What areas have they been sent to you from?
8. On how many occasions were Tier 4 CAMH inpatients accommodated on adult wards in 2014? How does this compare to the previous two years?

**Response:**

1. In Norfolk and Waveney we have developed mental health services to work around the needs of individuals in different stages of their lives, making sure we take account of differing developmental stages, these are broadly 0-5 children, teens, young adults 18-25. As a service we work across this range without strict criteria to avoid transitions. As a service we understand that teens need services that can work around demands such as higher education, work and family life. We want to work flexibly with individuals offering support that suits their needs and that can be offered at home, school or can be accessed in more traditional settings such as GP surgeries or outpatient clinics. We can also tailor the level of support to the need of each young adult. The support we offer includes talking therapies as well as further support from a multidisciplinary team that can work with a wide range of problems including disorders around eating, mood and anxiety disorders as well as early onset psychosis. This multidisciplinary team includes psychiatrists, psychologists, nurses and therapists with a wide range of experience.

In Suffolk the Trust works within an Integrated Delivery Team Model – this means that the assessment and treatment arms of the service are separated. The Access and Assessment Team see all ages from 0 onwards – though assessments for children are completed by CAMHS Experienced Staff. There are two treatment services for those age 0-14 based in Bury and Ipswich, and five youth services based in Coastal Suffolk, Ipswich, Central Suffolk, South West and North West Suffolk who see 14 – 25 year olds

2. *Number of Referrals for Calendar years*

*Service user is under 18 at the time of referral*

*Please note that the Trust may have received more than one referral for a service user in any given year.*

*Please note that there was a change in service lines during the period which is reflected in the Suffolk Figures*

<b>Year</b>	<b>Norfolk</b>	<b>Suffolk</b>	<b>No. of Referrals</b>
2012	2713	4619	7332
2013	2766	4834	7600
2014	3564	2528	6092

*Count of the referrals from the above table – where the service user received treatment.*

<b>Year</b>	<b>No of Referrals</b>
2012	4057
2013	4232
2014	3589

3. *Number of days from referral to assessment (please note that service user may have had no further contact after assessment).*

*Please note that the assessment may be by an CAMHS clinician, not necessarily a psychological therapist or specifically to talking therapies for CAMHS.*

<b>Year</b>	<b>Referral to Assessment</b>
2012	39.9
2013	35.7
2014	32.5

3i. Unfortunately to locate and collate this level of information would be over the 18 hours appropriate time limit set under the Freedom of Information Act.

4. *Number of days between assessment and first treatment.*  
*Please note that the assessment may be by an CAMHS clinician, not necessarily a psychological therapist or specifically to talking therapies for CAMHS.*

Year	Assessment to Treatment
2012	1.5
2013	4.1
2014	3.6

4i. Unfortunately to locate and collate this level of information would be over the 18 hours appropriate time limit set under the Freedom of Information Act.

5.

Year	Number of Beds
2012	6
2013	7
2014	7

The unit opened in 2012 and the beds are managed nationally, there is rarely an empty bed this only happens when waiting for a young person to be admitted and the logistics of timing.

6. The way in which data is collected related to CAMHS means that we are unable to identify inpatient and community referrals as two separate groups.
7. We do not hold this information centrally, it would be over 18 hours to locate and collate this information from individual health records.

- 7i. *Count of service users under 18*  
*Service users CCG is not Norfolk or Suffolk CCG*  
*Count of referrals where the status is "Authorised"*

Year	Count of Service Users
2012	194
2013	145
2014	46

8. *Count of service users on ward's other than CAMHS or Learning Disabilities. Please note service users may be counted in more than one year – where they are in an Adult Bed in both years.*  
*Where the service user is under 18*

Year	Count of Service Users Accommodated on Adult Wards
2012	17
2013	18
2014	7

